

Dear Participant at next week's gathering in Suffolk,

This is my second installment of advance information. And another warm welcome to our gathering that is now only 7 days away. I am including 2 attachments to this letter.

An introduction to how Open Space works - worth reading through thoughtfully in advance but you don't need to worry about it as we will surely all get the hang of it OK once we start to work with it.

A timetable for the 5 days. This looks quite full, but you need to remember that for the Open Space sessions you have an open choice, where you want to be. It is an invitation for you to find the place where you feel you will be most likely to flourish. Also, for the small group meetings, you can go to wherever your group decides you would like to hold your meeting. In other words the timetable is not so tight as it looks. Also, with an open space session before and another after lunch, there is an option to take 4 and a half hours away from it all (2 open spaces plus lunch-break - so you could cycle off out for a picnic taking packed lunch with you - to build community in a new location, or to enter into solitary communion with nature, as you prefer.

Then some other vital bits of info:-

1. We have a pleasant and well equipped kitchen where we will be self-catering. We will be doing 2 internet shopping orders from Tesco's, one of which will be waiting for us in the kitchen when we arrive on Sunday. So please let me know of your special requests, or things you might feel deprived of - if we did not have them in stock. I need an e-mail before Friday, when I will be putting that order in.

2. Hazel, one of us participants, would like to offer one or more music sharing sessions - and she has asked me to include her message in this e-mail:-

"Hello fellow travellers.

I am looking forward to meeting you all in Suffolk next week. I hope to share music with you at various points in open space, and would like to invite you to bring an instrument or small sound-creating object.

It doesn't have to be a 'proper' instrument, but it does need to be something you like the sound of. Far better to bring a piece of metal that has a nice 'ring' to it when struck, than a recorder or mouth organ you aren't comfortable playing! Having said that, one note on a recorder is fine... And if anyone has a drum, horn, fiddle or anything

else they enjoy playing, that'll be great!!

I will bring some percussion instruments, but I won't have a lot of space in my car to bring many.

Love, Hazel"

3. A warning that internet access is very restricted - we will have to ask permission to enter wi-fi zone in the landlady's house, so the longer you are able to cold-turkey on your internet connection the better. Better still, don't bring lap-top at all!

That is all I can think of today, and it may be the last you hear of me before we meet next Sunday. But do get in touch if you have any questions or worries.

Very best wishes to you,

Mike R.