

# Community Building Workshop

**CBI** COMMUNITY BUILDING INSTITUTE  
1<sup>ST</sup> - 4<sup>TH</sup> NOVEMBER 2018  
START THU 8<sup>30</sup> AM END SUN 5PM  
PRAGUE, CZECH REPUBLIC



## FROM CHAOS TO COMMUNITY / HEALING THE WOUNDS THAT DIVIDE

### OUR VISION

*There is a yearning in the heart for peace. Because of the wounds and rejections we have received in past relationships, we are frightened by the risks. In our fear, we discount the dream of authentic Community as merely visionary. But there are rules by which people can come back together, by which the old wounds can be healed. The purpose of Community Building is to teach these rules – to make hope real again – and to make the vision actually manifest in a world which has almost forgotten the glory of what it means to be human.*

– M. Scott Peck, MD  
(author of the method)

### WORKSHOP FOR THE NEWCOMERS

First three days of the seminar are in the form of experiential process work. The facilitators will introduce guides that are followed by participants during the process. The group of maximum 50 people will sit on chairs forming a circle. During the process time there will be breaks. On the 3rd day afternoon there will be ending of the process with a structured conclusion.

The 4th "Practicum" day is optional. We will integrate our process work through exercises, short theory presentations, reflection and specific ways how to bring community building to our businesses, work places, teams, organizations and our personal lives.

### WHO IS THIS WORKSHOP FOR

People who are leaders, managers, entrepreneurs, coaches, facilitators, councillors, therapists, psychologists, psychiatrists, spiritual practitioners, artists, individuals interested in personal development – and just anybody that is interested in, concerned about, or frustrated by one or more of the following:

- Breaking down silos and promoting real and healthy collaborations
- Helping individuals and neighborhoods heal from past trauma
- Building trust and relationships with people from diverse parts of the community who rarely interact
- Enhancing leadership development, team building, employee engagement, and cultural competency programs
- Reengaging burned out, staff or dealing with compassion fatigue
- Stretching limits to handle ambiguity, uncertainty
- Motivating mistrusting clients
- Moving past superficial communications and interactions
- Improving human service and criminal justice outcomes

### THE WORKSHOP EXPERIENCE

Guided by specially trained facilitators, this highly experiential process is an adventure in human interaction, where participants identify obstacles to deeper levels of communication. They are exposed to the principles of Community in an intensely personal way and connect with others in a richer and more authentic manner than they are likely to have experienced in the past.

Corporate executives have called Community Building the "next generation of team building." Human service providers recognize it is highly compatible with evidence-based practices such as Motivational Interviewing, Restorative Justice, and Trauma Informed Care. Leaders describe the process as a group contemplative or mindfulness training. Others call it "transformative" and "life-changing."

### ABOUT COMMUNITY BUILDING

Community Building is a framework of powerful principles and practices originally developed by M. Scott Peck, MD, renowned author of *The Road Less Traveled*. It creates powerful trust and bonding experiences for groups and teams, improves inter- and intrapersonal skills, and leads to personal and professional growth, healing, and renewal.



### APPLICATIONS

Community Building does not make a bad program good; but it can make a good program great. When incorporated into business and human service programs it can dramatically improve outcomes. Examples:

- Creating a learning organizational culture in a manufacturing plant
- Team building and conflict resolution in a hospital leadership team

# ACCELERATING CHANGE THROUGH THE SPIRIT OF COMMUNITY

## WORKSHOP FACILITATORS



### EDWARD GROODY

Ed serves as President and Board Chair of CBI. He is President of Ed Groody & Associates, Inc., an organization development consulting firm.

He and his team of consultants have been helping companies get exceptional results and create a Spirit of Community in the workplace since 2001. Edward specializes in helping leaders implement change in a way that engages and honors people. He has facilitated highly successful financial and cultural turnarounds in a variety of industries and corporate settings. Edward is one of a handful of individuals to train and work with M. Scott Peck, M.D. Edward was also a part of the leadership group that organized and facilitated the first men's conferences with renowned poet and author Robert Bly in Minnesota in the 80s and 90s. Edward is a longtime student of contemplative practices. In addition to his full-time consulting work, he leads Poetry Divina, Community Building, meditation/centering prayer and other contemplative workshops for retreat centers, universities, nonprofits, businesses, and religious groups.



### TIMOTHY DEMPSEY

Tim serves as Executive Director of CBI. Tim began his career living with released prisoners in a network of halfway houses between his undergraduate and graduate studies.

He has since devoted 25 years to operating highly successful social-sector prison reentry programs, which focus on employment and rely on both the principles of Community and the practice of Community Building for their comparative advantage. As part of his MBA, he established one of the nation's first alternative staffing programs exclusively for returning prisoners, which both extended the mission of the organization he was running and contributed 30% of its budget.

## WORKSHOP ORGANIZERS



### MILAN BOBEK

Psychologist, therapist, author of self-development books. Consultant, lecturer, university lecturer, project manager, accredited coach and supervisor. He deals with the methodology of adult education and personality development,

work with the group, advises on optimizing business processes and increasing productivity, introduction of HRD systems, long-term training in coaching and effective working with people, and seminars of holistic personal development. He is a co-owner and manager of the FBE Prague Educational and Consulting Company, s.r.o. and teaching subjects influencing personality development at the NEWTON College of Management and Psychology in Prague and Brno.

Milan is cofounding member of the Czech Association of Coaches and an accredited coach – supervisor of the 3rd degree.



### JÁN PALENČÁR

Agile coach, change agent, organizational therapist, facilitator. Jan's specialty is in creating an environment of mutual trust and respect, personal and team commitment which are prerequisites for high performance teams

in any business domain. In 2015 he was introduced to Community Building by Scott Peck and since then he is in training from Community Building Institute, Knoxville, Tennessee to become facilitator and trainer of Community Building by Scott Peck method. Jan specializes in Agile/Lean transformations of organizations in IT business domain. Since 2017 he also serves as an Executive Director and Founder of CBI Czech Republic.

## APPLICATIONS

- Enhancing participative management and decentralized company structure in a Homecare company
- Senior leadership teams tapping into and nourishing sustainable collective intelligence
- Enhancing human service and criminal justice program outcomes in a 6 year city wide initiative involving over 35 Milwaukee agencies
- Helping former offenders to improve job acquisition and retention
- Supporting youth in juvenile detention transition successfully back home

## WORKSHOP INFORMATION

**WORKSHOPS:** Participants can pick one from

- 3-day CBW (ends on Sat 4pm)
- 4-day CBW with Practicum (ends on Sun 5pm) (extra day of theory, practice, application and handouts)

**PROGRAM:**

Thursday	1st November	8 <sup>30</sup> AM - 5PM
Friday	2nd November	8 <sup>30</sup> AM - 5PM
Saturday	3rd November	8 <sup>30</sup> AM - 4PM
Sunday	4th November	8 <sup>30</sup> AM - 5PM

**COST:** We offer different prices for

- Public sector (NGOs, NPOs, public institutions, schools)
- Private sector (businesses, companies, individuals)

		EARLY BIRD	EARLY BIRD & TANDEM PRICE	TANDEM PRICE	REGULAR PRICE
PUBLIC SECTOR	3 DAY WORKSHOP	€330	€310	€357	€377
	GROUP PRICE†	€249	X	X	€283
	4 DAY WORKSHOP	€367	€350	€402	€419
	GROUP PRICE†	€275	X	X	€315
PRIVATE SECTOR	3 DAY WORKSHOP	€405	€385	€437	€457
	GROUP PRICE‡	€324	X	X	€366
	4 DAY WORKSHOP	€472	€450	€509	€531
	GROUP PRICE‡	€378	X	X	€425

\*All prices are 21% VAT included.

†average price per participant - you get 4 for the price of 3

‡average price per participant - you get 5 for the price of 4

Early Bird ticket can be purchased until 20th September 2018. Tandem price are for 2 people from the same organization. Early bird & Tandem price are cumulative. The group prices are applicable for participants from the same organization.

During the workshop lunch (regular/vegetarian), drinks and snacks during coffee breaks are included in the price. For all CBW participants, there is an option of discount for accomodation from the hotel. Please note that the whole workshop and materials are provided in english. You might have somebody near you in the group to help you express difficult issues in english but there will be no simultaneous translator during the seminar.

**VENUE PLACE:** EA Hotel Populus, U staré cihelny 2182/11, Praha 3, 130 00, www.populus.cz

### UPCOMING WORKSHOPS 2018/2019:

November 1-4	Prague, Czech Republic (CBW with Practicum to be announced (3-day CBW)
Spring 2019	to be announced (5-day Facilitator Training, at least one CBW with CBI is a prerequisite)
Fall 2019	

**TO REGISTER:** Go to **WWW.INSTITUTBK.CZ** and sign up.

**FOR MORE INFO:** Call +420 608 622 091 or contact our team via mail [info@institutbk.cz](mailto:info@institutbk.cz)